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Mass. MEDFIELD STATE HOSPITAL (Insane),
Harding, Massachusetts.

The Annual Report of the Board of Trustees and Officers
of the Medfield State Hospital for the year July 1, 1961 to
June 30, 1962.

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Patrick J. Butler,
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Curtis Prout, M.D.,
Col. Charles Burrows,
Ann Buckley,

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Natick
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Dedham
Dover
Norfolk
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Harold Lee, M.D.
Donald P. Kenefick, M.D.
Ruth Ehrenberg, M.D.
Frederick H. Cummer, Jr., M.D.
Anthony Calo,
John G. Cooper,

Superintendent
Assistant Superintendent
Clinical Director
Clinical Director
Clinical Director
Steward
Treasurer

Medical Executive Committee.

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Harold Lee, M.D., Secretary
Donald P. Kenefick, M.D.
Ruth Ehrenberg, M.D.
Frederick H. Cummer, Jr., M.D.
Harry Freeman, M.D.
Theodore F. Lindberg, M.D.

Department Heads.

Martin Clynes, Chief Engineer.
Joseph Lanseigne, Maintenance Foreman Mechanic.
Richard Ellsworth, Head Farmer.
Ruth Dornig, Head Housekeeper.
William Perry, Dietitian.*
Margaret Plumley, Head Occupational Therapist.
George Martin, R.N., B.S., Principal School of Nursing.
May Nowers, Volunteer Service.
*Acting.

Chaplains.

Rev. John J. Jennings
Rabbi Yeshaya Miller

Rev. Skillman Myers

Resident Staff.

Theodore F. Lindberg, M.D.,
 Harold Lee, M.D.,
 Donald P. Kenefick, M.D.,
 Ruth Ehrenberg, M.D.,
 Frederick H. Cummer, Jr., M.D.,
 (appointed 12/31/61)
 John J. Brown, M.D.,
 Roger J. Boutin, M.D., (Left 9/30/61),
 Frank D.E. Jones, M.D. (appt. 12/31/61),
 Harriet Schlesinger, M.D.,
 Nathan Brownstein, M.D.,
 Ismail Ersevimi, M.D., (Left 10/28/61)*
 Hugh G. Lafave, M.D.,
 Perran Ersevimi, M.D., (appt. 6/30/62),
 Ames Robey, M.D.,
 Philip Sullivan, M.D., (Left 6/30/61),
 Robert Sullivan, M.D.,
 M. Rafiq Jan, M.D. (Left 8/31/62),
 Abdul Ahad, M.D. (appt. 7/1/61 - Left 6/30/62),
 Parakrama de Silva, M.D. (appt. 7/6/61 -
 Left 6/30/62),
 Arshad Majeed, M.D. (appt. 3/22/62),
 John W. Taylor, M.D. (appt. 2/15/62),
 Pierre O. Durand, M.D. (appt. 7/1/61),
 Aman U. Khan, M.D., (appt. 7/2/61),
 *Trans. Research Service.

Superintendent.
 Assistant Superintendent.
 Clinical Director.
 Clinical Director.
 Clinical Director.

Dentist.
 Senior Psychiatrist.
 Senior Psychiatrist.
 Staff Psychiatrist.
 Senior Physician.
 Staff Psychiatrist.
 Senior Psychiatrist.
 Staff Psychiatrist.
 Psychiatrist.
 Staff Psychiatrist.
 Staff Psychiatrist.
 Senior Physician.
 Staff Psychiatrist.
 Staff Psychiatrist.
 Staff Psychiatrist.
 Staff Psychiatrist.
 Staff Psychiatrist.

Research Staff.*

Harry Freeman, M.D.,
 William D. Engels, M.D. (Left Sept. 1961),
 Ismail Ersevimi, M.D. (appt. Sept. 1961),
 Violet S. Das, M.D.,
 Edward J. Jordan, Jr.,

Director.
 Senior Psychiatrist.
 Senior Psychiatrist.
 Senior Psychiatrist.
 Psychologist.

*Activities of the Research Department will be found in the Annual Report of the Dementia Praecox Unit of Medfield State Hospital.

Visiting Staff.

Anesthesia.

Ralph C. Farrington, M.D.
 Charles Contino, M.D.
 Ernest M. Greenberg, M.D.
 Joseph L. Murphy, M.D.

Chest.

Joseph D. Wassersug, M.D.

Eye and Ear.

George Gagliardi, M.D.
 Donald Allain, M.D.

Dermatology.

Joseph Goodman, M.D.

Internal Medicine.

Mark Wellington, M.D.
 John F. Whitcomb, M.D.

Neurology.

Leonard D. Osler, M.D.
 Paul Yakovlev, M.D.

Neurosurgery.

Albert M. Starr, M.D.

Oral Surgery.

Norman R. Nathanson, D.D.S.
Homer L. Ash, D.D.S.
Stuart M. Lehman, D.D.S.

Optometry.

William H. Oldach, O.D.

Orthopedics.

Thomas H. Peterson, M.D.
George G. Willis, M.D.
Richard E. Senghas, M.D.

Physical Medicine.

Louis Feldman, M.D.

Podiatry.

Alan K. Whitney, D.S.C.

Psychiatry.

Harold L. Abrams, M.D.
Abraham Fineman, M.D.
Manuel Hernandez, M.D.
A. Louis McGarry, M.D.
Eliot Landsman, M.D.
Lionel Schwartz, M.D.
Maurice Vanderpol, M.D.
William Waterman, M.D.
Bernard Bandler, M.D.
Abraham Kaye, M.D.
Richard Rosenwald, M.D.
Martin Berezin, M.D.
Donald Ottenstein, M.D.

Radiology.

Melvin Levin, M.D.

Surgery.

Eugene A. Gaston, M.D.
Maurice Costin, M.D.

Urology.

William H. Holtham, M.D.

Music Therapy.

A. Flagler Fultz, R.M.T.

SUPERINTENDENT'S REPORT

The following is the Annual Report of the Medfield State Hospital for the year beginning July 1, 1961 and ending June 30, 1962.

Movement of Population.

| Census, | <u>July 1, 1961.</u> | | | <u>June 30, 1962.</u> | | |
|------------------------|----------------------|---------------|---------------|-----------------------|---------------|---------------|
| | <u>Male</u> | <u>Female</u> | <u>Total.</u> | <u>Male</u> | <u>Female</u> | <u>Total.</u> |
| Census, | 503 | 778 | 1281 | 469 | 721 | 1190 |
| No. patients on visit, | 34 | 124 | 158 | 46 | 115 | 161 |
| No. of admissions, | 286 | 314 | 600 | 343 | 353 | 696 |
| No. of discharges, | 287 | 340 | 627 | 359 | 414 | 773 |

Personnel.

The hospital continues to be handicapped in procurement of certain categories of personnel. These are both professional and non-professional. The salaries for persons with special skills and the dietary service are not competing.

Medical Care Division.

The Pondville Hospital has continued to assist us in the care and treatment of patients suffering from malignant diseases. Treatment from the standpoint of inservice and follow-up is provided, our patients receiving the most up-to-date type of treatment by surgery, chemo and physical therapies.

There was seasonal increase of upper respiratory infection among our patient population in a period over two months of the winter.

Tuberculosis. The Hospital continues to do a routine chest plate on all new admissions in an effort to control this infection. Suspected and known cases are appropriately isolated and studied by x-ray and culture method.

The program is under the direction of the chest consultant.

Visiting Staff.

The visiting staff has expanded somewhat during the year, consisting of specialists in their own fields. Regular clinics, visits and teaching conferences continue to provide high standards of medical care.

Therapy.

Psychotherapy. The statistics for psychotherapy given throughout the year are as follows:

Individual Therapy: Inpatients, 998 hours. Follow-up, 1160 hours and Preventive Care, 1520 hours.

Group Therapy.

Physicians. 405 sessions at an average attendance of 46.

Other Professional. 1543 sessions at an average attendance of 89.

Rehabilitation. 467 sessions at an average attendance of 122.

Student. 125 sessions at an average of 42 students.

Electro-shock. The use of anectine and intravenous anesthesia continues to be a standard procedure. There was an increase in the number of patients treated over the past year. A total of 1003 treatments were given to 212 patients.

Out-Patient Department. The Out-Patient Department continued to expand and consist of the following.

Quincy After-Care Clinic, 1788 interviews.
Newton-Wellesley After-Care Clinic, 994 interviews.
Newton-Wellesley Out-Patient Department, 1490 interviews.
Medfield Child Psychiatry Clinic, 99 interviews.

Psychiatrists and Social Workers of the hospital held a total of 4371 interviews with patients and relatives. This does not include the number of interviews held in the alcohol clinic. Statistics for nine months are 562 interviews.

Psychotropic Drugs. The use of psychotropic drugs has continued to increase and has not as yet reached a leveling off period.

General Clinic. Four hundred eighty-three employees were given general examinations and emergency treatment as indicated on the medical and surgical service. One thousand two patients were examined and given treatment in the General Clinic.

General Surgery. Forty operations were performed. One hundred four patients were seen in surgical consultation. One patient was seen in Neuro-surgical consultation.

Eye, Ear, Nose & Throat. Eleven operations were performed and one hundred eleven patients were seen in consultation. Fifty-two patients were refracted for glasses.

Chest Clinic. One hundred fifty-six patients were seen in consultation.

Orthopedics. Nineteen operations were performed, and seventy-six patients were seen in consultation.

Oral Surgery. One operation was performed.

Internal Medicine. Two hundred thirty-three patients were seen in consultation.

Genito-Urinary. Sixteen patients were seen in consultation and ten surgical procedures were done.

Dermatology. Two hundred fourteen patients were seen in consultation.

Podiatry. Eight hundred ninety-nine podiatry treatments were given throughout the year.

Dental Department. The Department has continued to operate with one resident dentist and one dental assistant. Consultation services are available.

Total number of patients, 1653. Examinations, 1401. Charted, 293. Prophylaxis, 399. Treatment, 886. Irrigations, 761.

Fillings, 423. X-rays, 183. Extractions, 419. Anesthesia, 377. Sutured, 102. Penicillin, 415. Dentures cleaned and marked, 219. Prosthetics completed, 29. Prosthetics repaired, 38. Prosthetics adjusted, 198.

Professional Care Division.

X-ray. The X-ray Department has been under the supervision of Doctor Levin, X-ray Consultant. There is one technician, with one for stand-by purposes.

There was a total of 2,088 patients examined and 3,063 films were used. In addition, 273 electrocardiograms were done.

Laboratory. The laboratory is under the supervision of Dr. Tedeschi. In the event of his absence he is covered by one of the pathologists of Framingham Union Hospital. At present we have three laboratory technicians.

Total procedures,- 15,649. The latter includes 729 procedures done at the State laboratory.

Hematology, 6,834. Chemistry, 3,250. Urinalysis, 3,250. Bacteriology, 534. Spinal Fluids, 57. Miscellaneous, 155. Histology, 120. Autopsies, 58.

Physiotherapy. This department continues under the supervision of Dr. Feldman, consultant in physical medicine. The hospital has one physiotherapist.

A total of 59 patients were seen in consultation and a total of 15,423 treatments were given. 3046 individuals were seen in the course of treatment,- 70 new, 109 discharged, Net 3009.

Social Service. The personnel of this department consists of two Head Social Workers with six other Social Workers. One block of Head Social Worker has remained vacant throughout the year. One other Social Worker has been on loan from the Research

Department.

Statistical Summary. Commitments and hospital contacts, 4,015. General Conferences, 331. Patient Conferences, 803. Group Sessions, 150. Community Contacts, 1,265. Visits under supervision, 411.

Occupational Therapy.

The Head Occupational Therapist, Miss Phillips, retired in January 1962 and the department was directly supervised by the Assistant Superintendent. There is a quota of six each of Occupational Therapy Assistants and Occupational Therapy Aides. One Occupational Therapy position is used for the Head of Music Therapy. Music Therapy is under the direction of Mr. Fultz.

The following are the statistics of the Department.

| <u>Place</u> | <u>Sessions</u> | <u>Average Attendance</u> |
|--------------|-----------------|---------------------------|
| 3EW, | 115 | 117 |
| 3N, | 111 | 110 |
| 4EW, | 155 | 143 |
| 4N, | 163 | 122 |
| C1D, | 98 | 73 |
| C1U, | 87 | 56 |
| O.T. Shop, | 285 | 225 |
| L1, | 94 | 88 |
| F1U, | 20 | 18 |
| F2U, | 35 | 35 |
| F2D, | 7 | 10 |
| E1, | 4 | 8 |
| C2, | 5 | 8 |

Psychology.

The department is directed by Donald M. Isaac, Principal Psychologist assisted by three others.

Statistics as submitted by this department: Diagnostic Referrals, 179. MMPI, 347. Mental Deficiency screening, 102.

Religious Services.

Religious services were conducted throughout the year.

The Catholic Services and program have been under the

direction of Father Jennings. In addition to Services being held on Sundays and Holy Days, much time can be spent working with individual patients.

Rev. Skillman Myers held weekly services and provided Pastoral care for the Protestant patients.

Jewish services were held weekly and on Holidays by Rabbi Miller.

Library.

Patients' Library. With the decrease in hospital population the circulation is decreasing. The Librarian was assisted by three volunteers. A fourth volunteer conducted a reading group.

A new shelf outside the Library door has made available material when the Library is closed.

The Library has two thousand volumes. Subscribes to newspapers and magazines.

Greeting cards continue popular and about 2500 were distributed.

Medical Library. A new service - sending for reprints was established and the Inter-Library Loan Service was extended to Worcester State Hospital, Harvard, Clark, and Framingham Union Hospital Libraries.

The Library was approved for membership in the Medical Library Association.

Volunteer Services.

The volunteer services have continued to expand and now has two employees in addition to the director, Mrs. Nowers. Those interested in this work should read the Annual Report of the Volunteer Director. Only the barest of material will be given here.

Individual volunteers on in-service programs totalled, 500 volunteers, 8,471 hours.

In-service programs involving groups: 895 volunteers, and 2,055 hours.

Off ground activities accommodated 584 patients.

Alcohol Program.

This activity continues under the direction of the Alcoholism Coordinator, Mrs. Hinsey.

There continues to be an increase in the number of patients admitted with the problem of alcoholism. This increase is really due to recognition that the alcoholic needs treatment and recognition by the public that patients are treated for alcoholism at Medfield State Hospital.

Of the total of 696 admissions,- 254 patients were interviewed, treated for alcoholism, and directed to the after-care long range treatment program.

Nursing Service.

The Medfield State Hospital had more registered nurses at the close of this year as compared to last. We still have a few vacancies and have part-time nurses employed. It is hoped that the employment problems will improve throughout the coming year in this regard.

We continue to have difficulty due to absenteeism, industrial accidents and long-term illnesses. This past year it has been almost impossible to obtain temporary employees to substitute for employees out for prolonged periods.

Many of our LPN's licensed by waiver are retiring. We are unable to employ newly trained LPN's to take their places in spite of an LPN affiliating school.

Due to the decrease in hospital population and by transferring of patients we have been able to reduce the ward census to 50 beds or less with the exception of two wards.

During the past year we have been able to reduce the number of ward dining rooms by one. In addition, facilities were established in the congregate Dining Room for outer clothing. Before, the patients ate in their hats and coats but are now able to hang them up before going through the cafeteria line.

Remotivation. Two groups were held throughout the year. It is hoped that more can be done in this line.

All medication and dispensing areas were surveyed and recommendations were made. We are gradually improving our areas: adequate lighting and separation of internals and externals are among the outstanding corrections.

Department of Education of the Nursing Service.

Expansion of the educational program has continued. One of the greatest problems is the increase affiliations and the strain put on housing facilities. Many re-arrangements and renovations of areas have been done.

We have obtained two additional clinical instructor blocks. This has stimulated the average employee to increase their knowledge in nursing procedures, leading to improved patient care.

We are fortunate to have an instructor hired by the Deaconess Hospital for their affiliating students.

In August of 1961, Dr. Hildegard Pepleau conducted a two-week work shop in psychiatric nursing, dealing with the qualified R.N. as counselors for patients. This was open to

all the R.N.'s employed in the State hospitals. Out of this work shop came a program in which 21 R.N.'s here use the techniques learned.

We continue to receive affiliate students from Cooley Dickinson Hospital, Quincy City Hospital, New England Deaconess Hospital, Sturdy Memorial Hospital, Pittsfield General Hospital and Holyoke Hospital at the R.N. level. From Moore General Hospital and Chelsea Soldiers we train affiliate LPN's.

The statistics concerning teaching are as follows:-

Number of Classes, 951. Number of Hours, 2,786.

Number of Students, 876.

Business and Administration.

The budget for the year is available in the 1962 Financial Report.

601 Projects.

Floor Tile. Installation of floor tile was done in the S-Building, completing installation for the whole building.

Silo. A tile silo was erected on the farm.

Plumbing. During the year plumbing was installed in one section of the male home (Labor only under 601).

Voltage Regulators. Voltage regulators installed in the generators.

Generator. Field coils of one generator rewired.

Canteen.

Drapes. Drapes and stage curtain, paid for by the profits of the canteen.

M Projects.

M-5-8-6. Dairy Improvements. The milk processing house was renovated.

Toilet facilities were provided for,

an homogenizer, and new dairy equipment were installed.

M-807. Steam Lines - Low pressure steam lines for heating purposes were installed around the quadrangle.

M-807. Electrical Improvements - Street lighting - Installation of an electrical circuit around the quadrangle and a similar installation of street lighting was begun.

Account 18.

Sewerage Renovation. Installation of sewer lines including certain lines adjacent to R-Building, along the western side of the quadrangle and renewal of cleanouts in front of the Clark Building and adjacent to the Assistant Superintendent's cottage was done during the year.

Equipment Received.

Food Service. Food containers, Reach-in refrigerator, and doughnut machine.

Nursing. Patient beds. 5 student desks.

Transportation. One truck.

Business. Two audographs.

Farm Report.

This report is for January 1, 1961 and ending December 31, 1961.

The annual report showed a gain of about \$5700 as compared to a loss of less than \$550 in 1960.

The cost of labor increased some over \$2500 due to increase in wages due in 1960 but paid in 1961.

Poultry operated at a profit but not as much as last year. This was due to sickness among the laying flock, decreasing production about ten per cent.

Milk was produced at a profit and showed a gain over last year.

Vegetable production increased without a corresponding increase in production costs. The end of the year showed a slight loss at comptrollers prices.

Hay production is satisfactory and it is anticipated that the purchase of hay will be discontinued, the farm will be producing enough hay and ensilage to be self sufficient.

Grounds, a responsibility of the farm, have continued to improve. There has been some additional problems incident to digging by outside contractors. Lawns have been renovated and shrubs and trees have been planted. Additional extensive landscaping has been done adjacent to Highway 27. The gully in this area was filled in and the area seeded.

Acknowledgements.

Personal appreciation is here expressed by the Superintendent to the many faithful employees who have ably served and cared for our patients. Medfield is fortunate to have a hard working and loyal group of employees.

Special mention is to be made of the many volunteers and the excellent service given by them.

Acknowledgement is made to the many organizations who have visited and worked with our patients. Due to the ever growing number we are no longer able to list them separately.

Respectfully submitted,

Sheldon F. Ludvigson
Superintendent.